

Yilan Prison , Agency of Corrections, Ministry of Justice. Record of Educational Event 2nd

Event	Hula hoop competition for elderly and disabled female inmates
Date	September 12, 2025
Content	To promote wholesome recreational activities, strengthen physical fitness, and enhance overall well-being, Yilan Prison held a Hula Hoop Competition for Elderly and Inmates with Disabilities on September 12. The competition was divided into two categories: the elderly group and the group for inmates with disabilities, and followed an individual, single-elimination format over three rounds. The first round lasted 3 minutes, the second 10 minutes, and the third was an endurance round to determine the top three winners. The event ended in a tense and exciting atmosphere.
	
A scene of the event	A scene of the event
	
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